

Muscles of the Arm

A. Muscles, Ligaments, and Tendons

1. Supraspinatus muscle, *M. supraspinatus*
2. Infraspinatus muscle, *M. infraspinatus*
3. Teres major muscle, *M. teres major*
4. Teres minor muscle, *M. teres minor*
5. Latissimus dorsi muscle, *M. latissimus dorsi*
6. Subscapularis muscle, *M. subscapularis*
7. Deltoid muscle, *M. deltoideus*
8. Pectoralis major muscle, *M. pectoralis major*
9. Biceps (brachii), *M. biceps brachii*
10. Brachialis muscle, *M. brachialis*
11. Triceps muscle, *M. triceps brachii*
12. Pronator teres muscle, *M. pronator teres*
13. Flexor carpi radialis, *M. flexor carpi radialis*
14. Palmaris longus muscle, *M. palmaris longus*

15. Flexor carpi ulnaris, *M. flexor carpi ulnaris*
16. Extensor carpi ulnaris muscle, *M. extensor carpi ulnaris*
17. Extensor digitorum muscle, *M. extensor digitorum*
18. Extensor carpi radialis brevis muscle, *M. extensor carpi radialis brevis*
19. Extensor carpi radialis longus muscle, *M. extensor carpi radialis longus*
20. Brachio-radialis muscle, *M. brachioradialis*
21. Tendon of the extensor pollicis longus muscle, *Tendo m. extensoris pollicis longi*
22. Extensor pollicis brevis muscle, *M. extensor pollicis brevis*
23. Abductor pollicis longus muscle, *M. abductor pollicis longus*
24. Flexor digitorum sublimis, *M. flexor digitorum superficialis*
25. Supinator muscle, *M. supinator*
26. Volar fascia, *Fascia antebrachii*
27. Extensor retinaculum, *Retinaculum extensorum*
28. Flexor pollicis brevis, *M. flexor pollicis brevis*

29. Abductor pollicis brevis muscle, *M. abductor pollicis brevis*
30. Adductor pollicis muscle, *M. adductor pollicis*
31. Opponens pollicis muscle, *M. opponens pollicis*
32. Opponens digiti minimi muscle, *M. opponens digiti minimi*
33. Flexor digiti minimi, *M. flexor digiti minimi brevis*
34. Abductor digiti minimi muscle, *M. abductor digiti minimi*
35. Lumbrical muscles, *Mm. lumbricales*
36. Dorsal interosseous muscles of the hand, *Mm. interossei dorsales*
37. Flexor retinaculum of upper limb, *Lig. carpi transversum*
38. Tendon sheath, *Vagina fibrosa*
39. Crucial strings of the tendon sheath, *Pars cruciformis vaginae fibrosae*
40. Annular strings of the tendon sheath, *Pars annularis vaginae fibrosae*
41. Tendon of the flexor pollicis longus, *Tendo m. flexoris pollicis longi*
42. Tendons of the flexor digitorum sublimis, *Tendines m. flexoris digitoris superficialis*

43. Tendons of the flexor digitorum profundus, *Tendines m. flexoris digitoris profundi*
 44. Chiasma tendinum
- B. Arteries**
45. Axillary artery, *A. axillaris*
 46. Subscapular artery, *A. subscapularis*
 47. Circumflex scapular artery, *A. circumflexa scapulae*
 48. Posterior circumflex humeral artery, *A. circumflexa humeri posterior*
 49. Brachial artery, *A. brachialis*
 50. Profunda brachii artery, *A. profunda brachii*
 51. Ramus deltoideus
 52. Medial collateral artery, *A. collateralis media*
 53. Radial collateral artery, *A. collateralis radialis*
 54. Superior ulnar collateral artery, *A. collateralis ulnaris superior*
 55. Radial artery, *A. radialis*
 56. Ramus palmaris superficialis
 57. Ramus carpeus dorsalis I
 58. A. metacarpea dorsalis I
 59. Ulnar artery, *A. ulnaris*
 60. Common interosseous artery, *A. interossea communis*



Registr. 1876

61. Posterior interosseous artery, *A.*
interossea posterior
62. Median artery, *A. mediana*
63. Superficial palmar arch, *Arcus*
palmaris superficialis
64. Palmar digital arteries, *Aa. digitales*
palmares communes
65. Palmar digital arteries, *Aa. digitales*
palmares propriae
66. Dorsal digital arteries, *Aa. digitales*
dorsales
- C. Nerves
67. Plexus brachialis
68. Axillary nerve, *N. axillaris*
69. Medial cutaneous nerve of the
forearm, *N. cutaneus antebrachii*
medialis
70. Musculo-cutaneous nerve, *N.*
musculocutaneus
71. Median nerve, *N. medianus*
72. Anterior interosseous nerve, *N.*
interosseus (antebrachii) anterior
73. Common palmar digital nerve, *N.*
digitalis palmaris communis (ramus
n. mediani)
74. Ulnar nerve, *N. ulnaris*
75. Ramus palmaris manus
76. Ramus dorsalis manus
77. Ramus profundus
78. Ramus superficialis (n. ulnaris)
79. Common palmar digital nerve, *N.*
digitalis palmaris communis (n. ulnaris)
80. Radial nerve, *N. radialis*
81. Ramus superficialis (N. radialis)
- D. Bones
82. Scapula
83. Spine of the scapula, *Spina scapulae*
84. Coracoid process, *Processus*
coracoideus
85. Clavicle, *Clavicula*
86. Humerus
87. Medial epicondyle of the humerus,
Epicondylus medialis
88. Lateral epicondyle of the humerus,
Epicondylus lateralis
89. Olecranon (tip of the elbow)
90. Ulna
91. Radius
92. Pisiform bone, *Os pisiforme*
93. Carpus
94. Metacarpal bone, *Ossa metacarpalia*
95. Phalanx I – II – III, *Ossa digitorum*
manus, phalanx proximalis media et
distalis